

# WELCOME TO ONE CHAPEL

It's so great to have you here today!

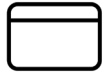
One Chapel is a place where church feels like home. A family for you to belong to, where people know your story. A place to help you move from where you are to where God wants you to be.

Here are a few things to help you get oriented...



## COFFEE

Fresh Summer Moon coffee is brewed every Sunday. Being rooted in the community is one of our values. Supporting local businesses is one way to show our appreciation.



## NAME TAGS

Wearing name tags breaks down the first barrier in getting to know someone. Wearing them every week makes everyone feel at home. Even the pastor wears a name tag.



## KIDS

Engaging classes with age-specific curriculum allow kids to have fun, enjoy friends, and learn about the Bible; all in a safe, clean environment.



## COMMUNION & CREED

The communion table and declarations of belief have had a place in Christian worship for centuries. We remain rooted in history and open to the mystery of the Holy Spirit at work.



## TEAMS

Volunteers make things happen around here every week. Brewing coffee, greeting visitors, teaching kids, running tech, and more are all parts of Team One.



## GROUPS

Church is about more than Sunday services. Small and medium-sized groups meet all around the area during the week to share life with friends and make disciples.

Make yourself at home. Enjoy the service. Stay a while.

LEARN MORE ONLINE AT  
[onechapel.com](http://onechapel.com)

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### **What Went Wrong? Disappointments – John 16:33 (NIV)**

- One of the major reasons we struggle in this life is... **Life!**
- Life has a way of throwing things at us that creates a gap between...  
...our **expectations** and our **experiences**.
- **Disappointment:** *sadness or displeasure caused by the nonfulfillment of one's hopes or expectations*

### **David's Disappointments – 1 Samuel 16:7-13; 18:1-11; 19:9-15; 30:1-6 (NLT)**

- The nature of hurt, abuse, rejection, and disappointments are such that we often try to cover them up with **good things** happening in our lives.
- But eventually the poison will start **seeping** out. **2 Samuel 11:1-4 (NLT)**

### **Trauma's Timeline**

- When something is not quite right inside of us, we reach out, trying to find something, anything that will make us **feel good**.
- We all get **splinters** in our soul that get infected!

### **Restoration & Redemption – Psalm 51:1-19 (TPT); Psalm 23:1-3 (NKJV)**

- God wants to **restore** your soul!
- **2020** = "open hands" and "**expectancy**, redemption, to restore all!"
- **Redemption:** "the act of restoring the honor, worth, or reputation of; fulfillment"
- **1 Samuel 30:3-25 (NLT) – "Restore all!"**

We are committed to keeping our sound at a safe volume. If your preference is more muted, please help yourself to ear plugs near the entrance.

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